



pivotal

RECOVERY

a not-for-profit
community interest company

OUR SURVEY DATA

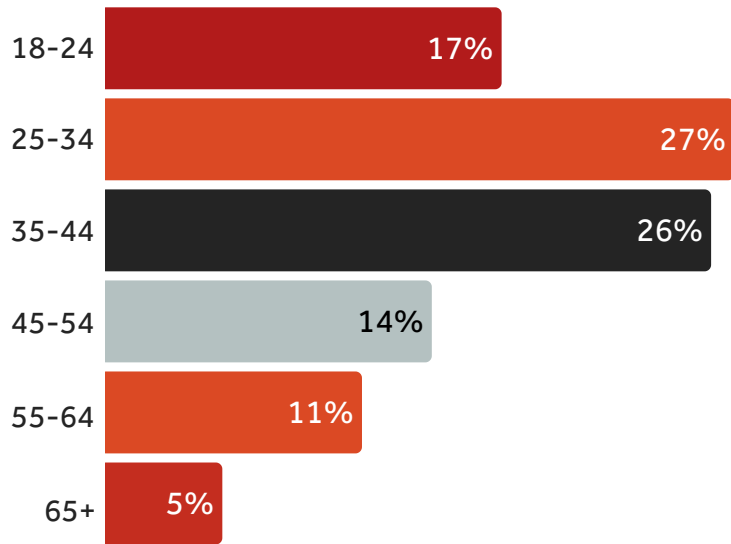
2026

*Last updated April 2026
Our Users - 1843 responses
Our Results - 254 responses

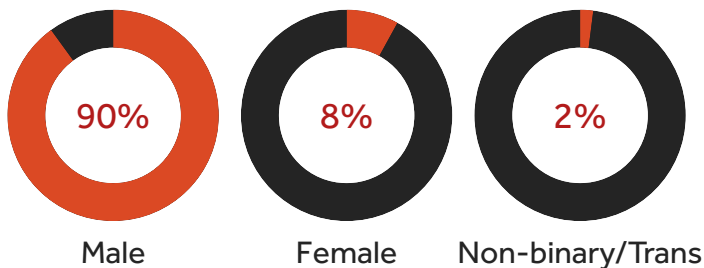
Our Users

This data is from the access survey of the Pivotal Foundations course

AGE



GENDER

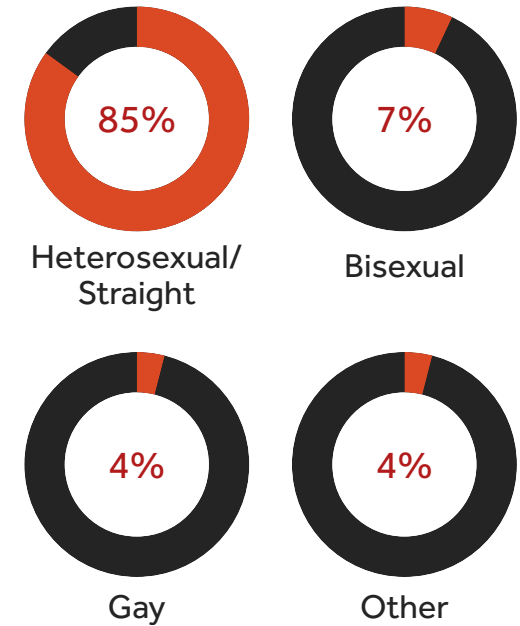


LOCATION

Pivotal Recovery has users all across the world in over 50 countries. Here are the top 10:

- 1 UK
- 2 USA
- 3 AUSTRALIA
- 4 IRELAND
- 5 CANADA
- 6 INDIA
- 7 GERMANY
- 8 FRANCE
- 9 SINGAPORE
- 10 SOUTH AFRICA

SEXUAL ORIENTATION



FAITH OR RELIGION

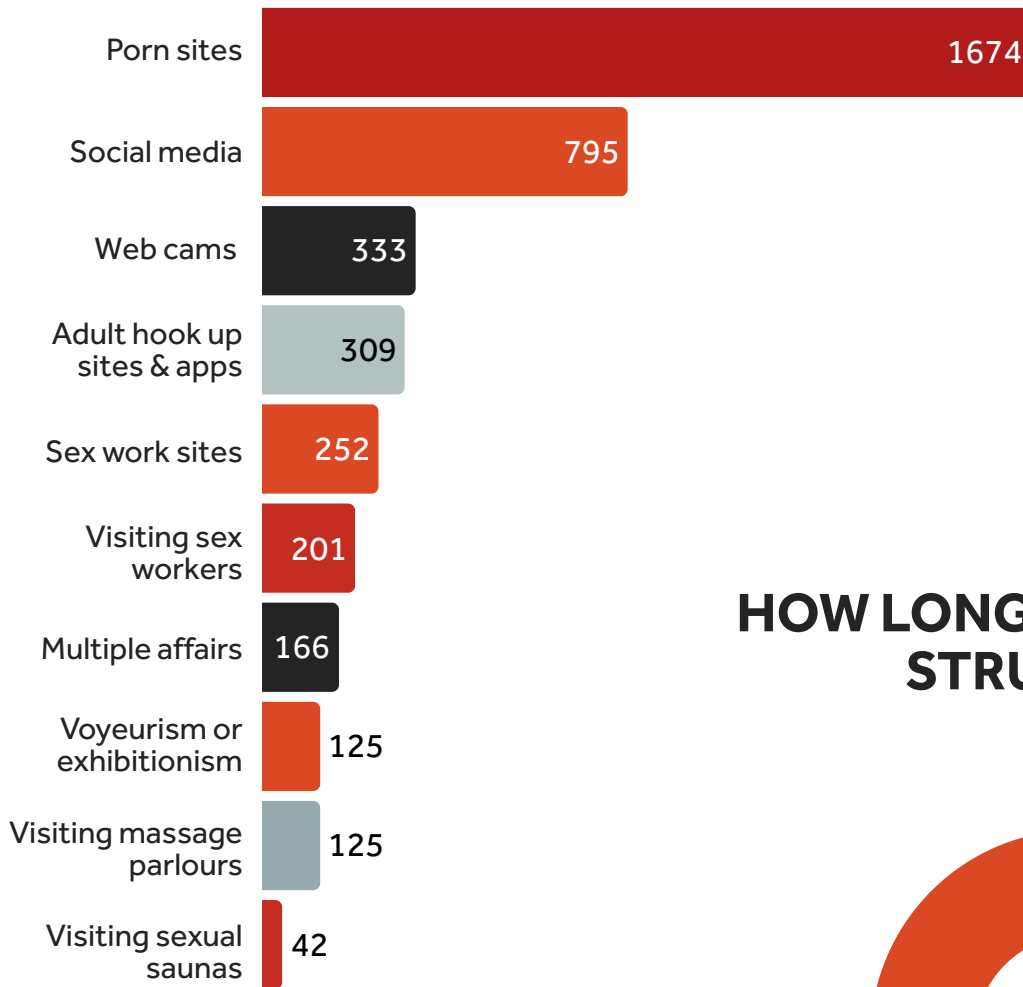


Of those who described themselves as religious - the top 3 cited religions were Christianity, Islam and Buddhism

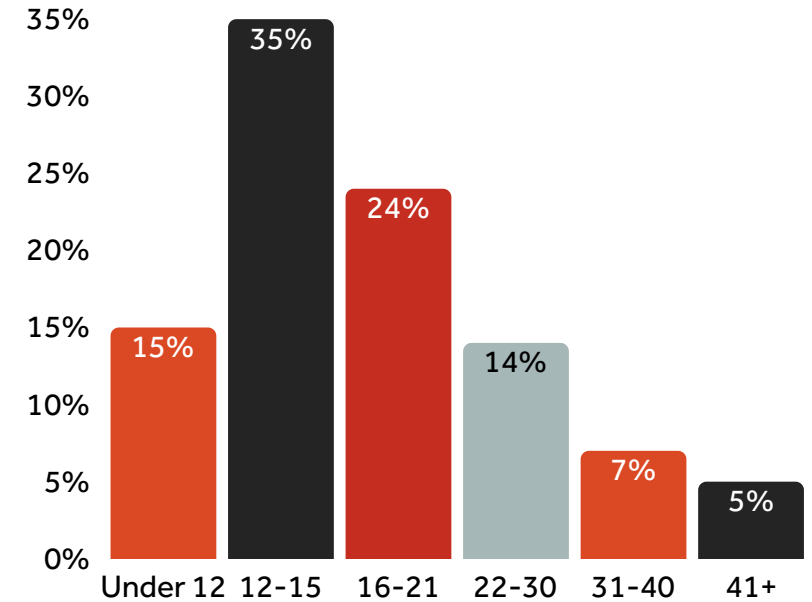


UNWANTED BEHAVIOURS DEFINED

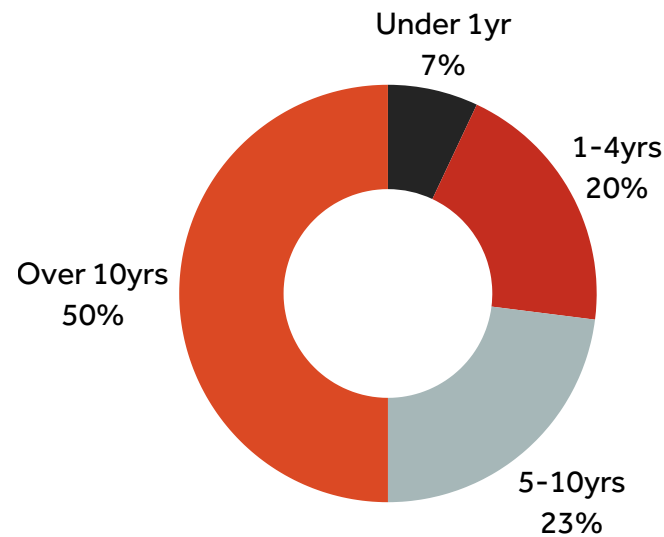
(Top 10 - users can tick all that apply. Figures show total number of responses)



AGE THE ISSUE STARTED

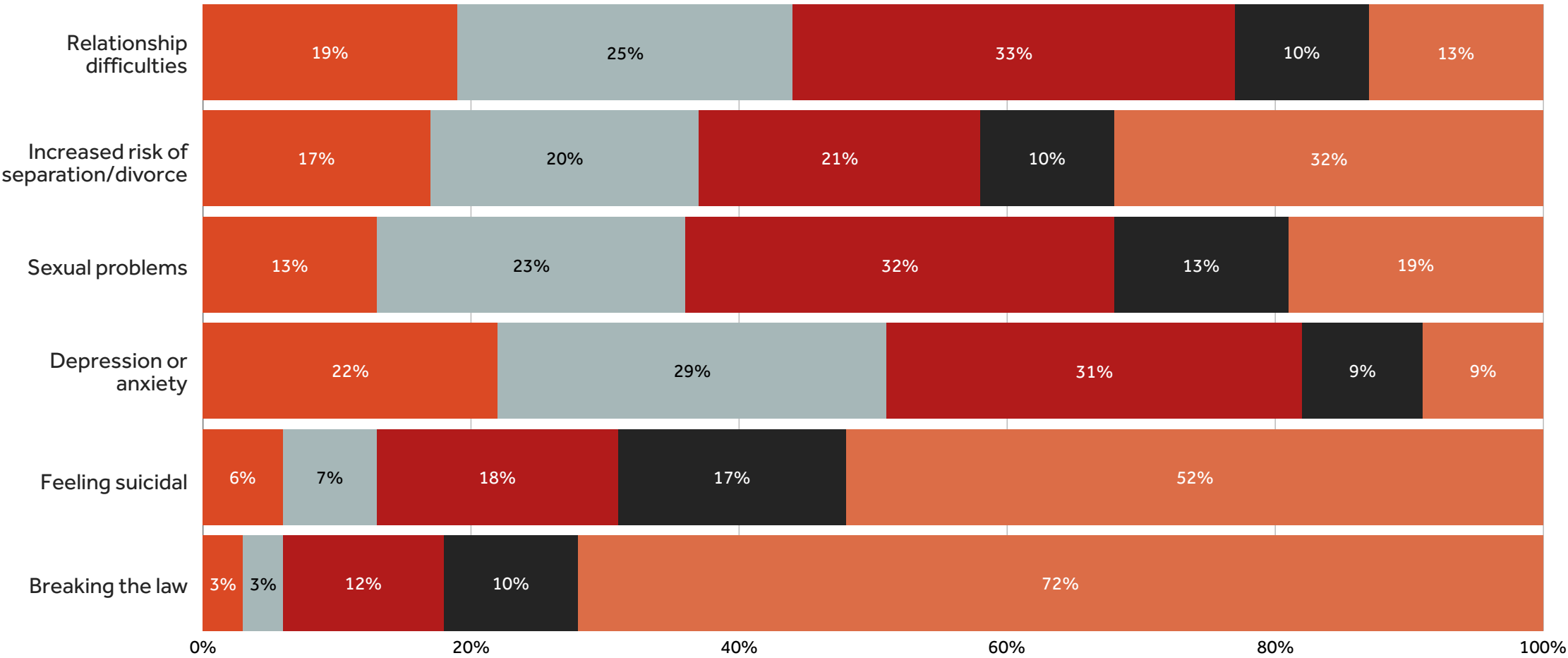


HOW LONG THEY'VE BEEN STRUGGLING



IMPACT OF UNWANTED BEHAVIOURS

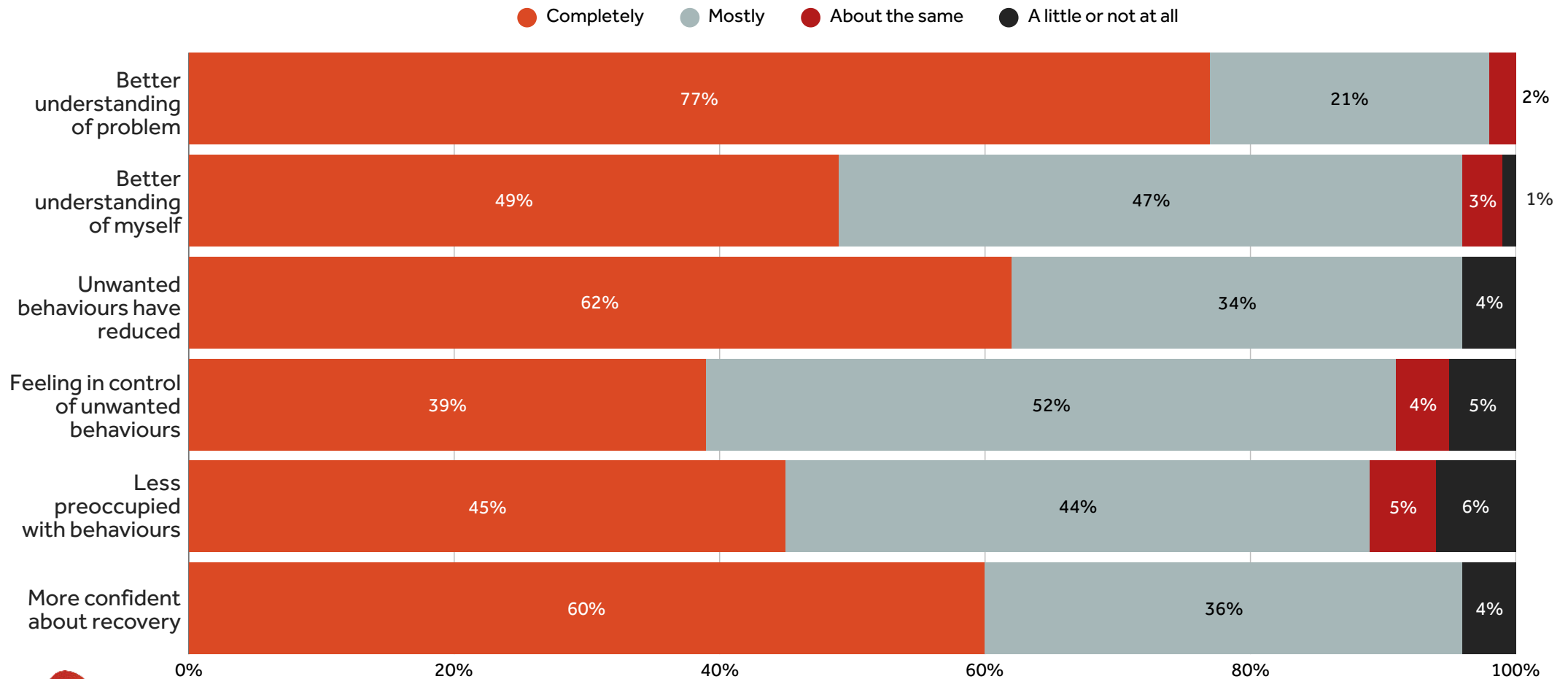
● All the time ● Most of the time ● Sometimes ● Occasionally ● Not at all



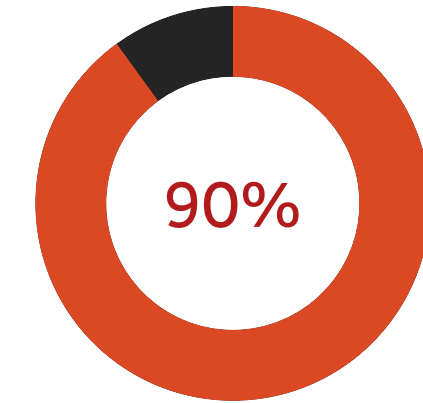
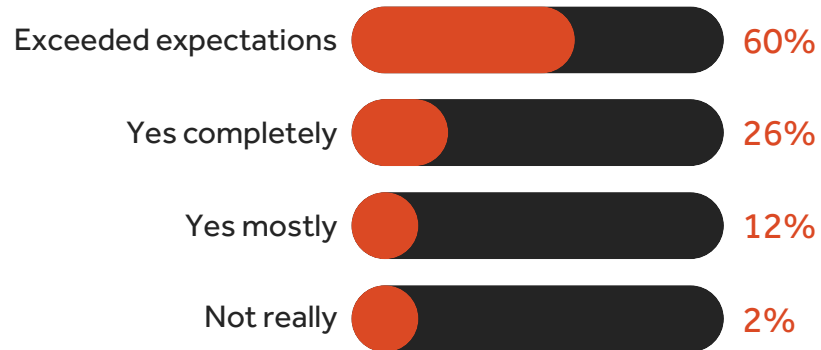
Our Results

This data is from the optional post-course survey of the 60 Day Pivotal Recovery course

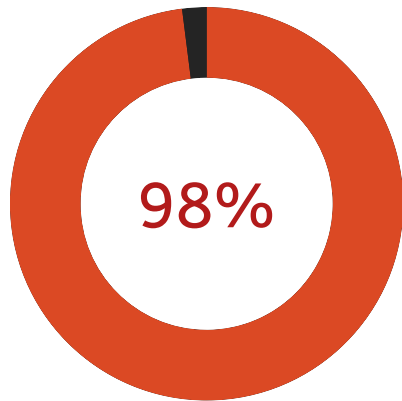
IMPROVEMENTS: UNDERSTANDING & BEHAVIOUR CHANGE



DID THE COURSE MEET YOUR EXPECTATIONS?

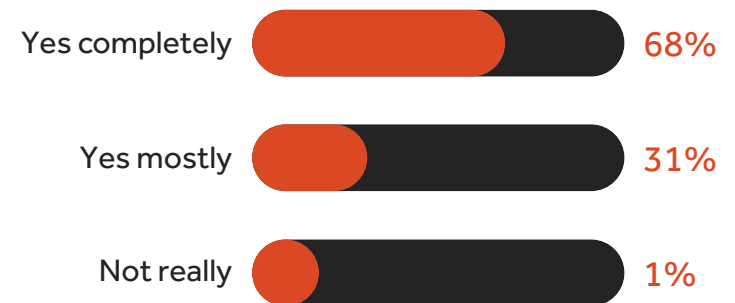


STOPPED THE BEHAVIOURS MOST DAMAGING TO THEM



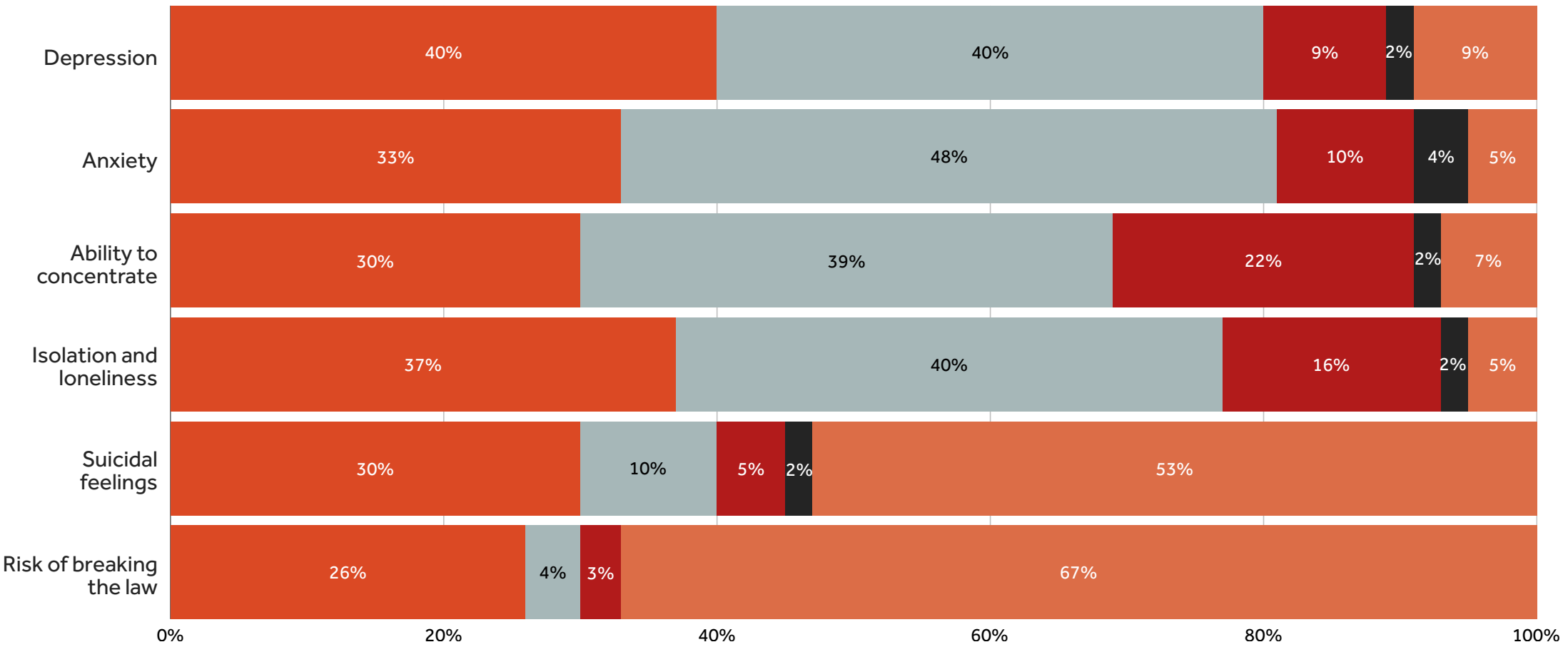
WOULD RECOMMEND THE COURSE TO OTHERS

DID YOU GAIN THE INFORMATION & TOOLS NEEDED FOR RECOVERY?



IMPROVEMENTS TO WELLBEING

● Significantly improved
 ● Slightly improved
 ● Feels the same
 ● Feels worse
 ● N/A - never felt this





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CONTACT US



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